3. ULUSLALARASI TEKNOLOJİ BAĞIMLILİĞİ KONGRESİ
03-04 MAYIS 2016, İSTANBUL

3RD INTERNATIONAL CONGRESS OF TECHNOLOGY ADDICTION
MAY 03-04 2016, ISTANBUL

[technologyaddiction.org]

PROGRAMME
## III. INTERNATIONAL CONGRESS OF TECHNOLOGY ADDICTION
### MAY 3 - 4, 2016

#### Tuesday, May 3

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<tr>
<td>9.00 - 09.30</td>
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| 09.30 - 10.30     | **Opening Speeches**  
                    Dr. Ümmü Günsen Öztürk, President of the Culture, Society and Family  
                    Association  
                    Prof. Mücahit Öztürk, President of the Turkish Green Crescent Society  
                    Prof. Nabi Avci, Minister of National Education  
                    Her Excellency Emine Erdoğan |
| 10.30 - 11.30     | **Plenary I / Room A**  
                    **Online Addictions: Conceptualization, Debates and Controversies**  
                    Chair: Prof. Cevdet Erdöl  
                    Speaker: Prof. Mark D. Griffiths |
| 11.30 - 12.00     | **Coffee Break**                                                     |
| 12.00 - 13.00     | **Conference I / Room A**  
                    **Preventive Intervention Program for Adolescents’ Healthy Smartphone Use**  
                    Chair: Asst. Prof. İbrahim Topçu  
                    Speaker: Prof. Young Yim Doh |
|                   | **Panel I / Room B**  
                    **Behavioural Addictions: Online Gambling, Shopping and Information**  
                    Chair: Assoc. Prof. Gül Karaçetin  
                    Speakers:  
                    1- Prof. Mark Griffiths, Online Gambling Addiction  
                    2- Asst. Prof. Selim Günsç, Online Shopping Addiction: Symptoms, Causes and Consequences  
                    3- Assoc. Prof. Abdullah Özkan, From the Mass of Media to the Media of the Masses |
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| 14.00 - 15.00 | Conference II / Room A  
Approach and Treatment in Internet Addiction: How It Evolved Over Time?  
Chair: Dr. Rabia Bilici  
Speaker: Prof. Kültegin Ögel |
| 14.00 - 15.00 | Panel II / Room B  
Critical Concerns on the Internet: Cyberbullying and Cyber Crimes  
Chair: Assoc. Prof. Ali Ayten  
Speakers:  
1. Prof. Osman Tolga Arıcak, Cyberbullying  
2. Bilal Tırnakçı, Social Media and Cyber Security  
3. İzzet Boğazlıyanlıoğlu, Play Discover Learn |
| 15.00 - 15.30 | Coffee Break                                                            |
| 15.30 - 16.30 | Panel III / Room A  
Problems Related to Excessive Use of Technology  
Chair: Asst. Prof. M. Akif Seylan  
Speakers:  
1. Dr. Burak Esendal, It is Way Beyond “Tech Neck”  
2. Dr. Hasan Hüseyin Karadeli, A Cognitive Behavioural Approach to Technology Addiction  
3. Assoc. Prof. Özcan Yıldız, Physical Health Consequences of Technology Addiction |
| 15.30 - 16.30 | Panel IV / Room B  
Social Effects of Technology Addiction  
Chair: Prof. Edibe Sözen  
Speakers:  
1. Assoc. Prof. Yusuf Adıgüzel, Internet: A New Actor of Socialization Process  
2. Assoc. Prof. Huriye Martı, Religious and Moral Influences of Technology Addiction  
3. Dr. Selenga Gürmen, To Connect or Not To Connect: Effects of Technology Addiction on Family Relationships |
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| 09.30 - 10.30 | Plenary II / Room A | Treatment of Internet Addiction  
Chair: Prof. Kemal Sayar  
Speaker: Prof. Daria Kuss |
| 10.30 - 11.30 | Panel VII / Room A | Spotlight on Internet Pornography Research: Does It Reflect Reality?  
Chair: Asst. Prof. M. Emin Babacan  
Speakers:  
1- Gary Wilson, Eliminating Chronic Porn Use Reveals Its Effects  
2- Mary Sharpe, Strategies to Prevent Internet Pornography Addiction  
3- Dr. Darryl Mead, The Risks Young People Face as Porn Consumers |
|            | Panel VIII / Room B | A Handbook for Living in a Digital World  
Chair: Bilal Eren  
Speakers:  
1- Yalçın Arı, New Generation of Truths  
2- Hamza Şamlıoğlu, Safe Use of Internet  
3- Tuğsan Yılmaz, Legal Roles and Liabilities |
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<td>Conference III / Room A Pornography: The Muslim View What Should We Do?</td>
<td>Conference IV / Room B An Overview of the Current Trends in the Assessment of Technological Addictions: The Case of Internet Gaming Disorder</td>
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<td>Chair: Dr. Razley Nordin</td>
<td>Chair: M. Pervin Tuba Durgut</td>
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<td>Speaker: Dr. Majid Katme</td>
<td>Speaker: Halley Pontes</td>
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<td>Panel IX / Room A When Does Technology Use Become a Risk?</td>
<td>Panel X / Room B Prevention-Based Programs</td>
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<td>Chair: Prof. Peyami Çelikcan</td>
<td>Chair: Assoc. Prof. Mustafa Taşdemir</td>
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<td>Speakers: 1- Dr. Zaheer Hussain, Exploring Problematic Smartphone Use and Associated Psychological Factors 2- Prof. Abdülbari Bener, Lifestyle and Depressive Risk Factors Associated with Problematic Internet Use</td>
<td>Speakers: 1- Fatih Yaman, Family Responsibilities for Technology Addiction: Digital Parenting 2- Derya Akyılmaz, Addiction Prevention Training Program of Turkey TBM 3- Dr. Samir N. Hamade, Kuwait Experience: Internet Addiction and Efforts to Control It</td>
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| 14.00 - 15.00 | Side Event / Mercan Room  
**Training on Conscious and Safe Use of Internet - İstanbul Example in Focus**  
Chair: Nesrin Kakirman  
Speakers: Dr. Nüket Afat - Sp. Psychological Counselor Beyhan Köksal  
Organized by Istanbul Provincial Directorate of National Education |
| 15.00 - 15.30 | Coffee Break |
| 15.30 - 16.30 | Panel XI / Room A  
**Youth and Education**  
Chair: Dr. Ahmet Özdinç  
Speakers:  
1. Asst. Prof. Ahmet Ağır, Students’ Thoughts about Addiction Prevention Training of Turkey “Technology Addiction” Module  
2. Mehmet İlhan, Using Art and New Media to Create Awareness Against Addictions  
3. Assoc. Prof. Murat Kayri, Socio-Economic Factors Behind Technology Addiction  
Panel XII / Room B  
**Prevention and Developing Healthy Behaviours**  
Chair: Asst. Prof. Azize Nilgün Canel  
Speakers:  
1. Hülya Eşen Çalışkan, Elimination of Technology Addiction’s Impacts on Children and Youth  
2. Ahmet Ayaz, Social Media Use Preferences and Core Psychological Needs  
3. Gül Kadan, An Investigation of Parental Effect on Technology Addiction |
| 16.30 - 17.30 | Plenary III / Room A  
**Closing**  
Chair: Prof. Mücahit Öztürk  
Speaker: Mehmet Dinç |